



APPLICATION FOR A JUNIOR PLAYER TO PARTICIPATE IN A DIFFERENT AGE CATEGORY

Application to participate in: Senior Rugby	YES	NO
Higher Age Grade Rugby	YES	NO
Lower Age Grade Rugby	YES	NO

Section 1 – Player Information (PLEASE PRINT CLEARLY)

Name: _____ Gender: M F RC Registration #: _____

Height (cm) _____ Weight (kg) _____

Club or Representative Team _____

Date of Birth / / Actual Age Requested Age
(dd/mm/yyyy) Category: Category:

Playing Position: _____

Section 2 – Assessing Coach Information and Assessment (PLEASE PRINT CLEARLY)

Name: _____ RC Registration #: _____ NCCP #: _____

Highest Level Coaching Qualification: _____ Rugby Ready Certified: YES NO

The above coaching qualifications MUST ALL be fully met in order for this application to be valid for the purpose of assessing an exemption for the player to participate in competitions in a different age category.

The coach is to assess the player against the following four criteria using the factors for consideration listed in Appendix A of this form as guidance. If the answer is NO to any of them, then the player SHALL NOT be considered capable of competing safely with players in the proposed age category.

Physical Development	Does the player's level of physical development allow the player to compete safely with players in the requested age category?	YES	NO
Skill Level	Is the player's skill level comparable with other players in the requested age category?	YES	NO
Level of Experience	Does the player have similar experience levels to compete with other players at a comparable standard of competition in the requested age category?	YES	NO
Competition Standard	Is the standard of competition in the requested age category suitable to allow the player to compete safely?	YES	NO

This is to attest that the player's physical development, skill level and experience are such that the player is capable of competing safely with players in the requested age category. I have explained to the player and his/her parent/guardian that the player will be competing with and against players in a different age category and this may involve increased risk.

Name

Signature

Date



Before the applicant can play, he/she or his/her parent/guardian must get written confirmation from the Rugby Ontario office that the application has been approved.

APPENDIX A

The minimum qualification required by a coach to provide a risk assessment of the applicant is a current:

- NCCP Competition Introduction certificate; and
- Rugby Ready certificate; and
- Registration with Rugby Canada.

In conducting any assessment, the coach should take the following common factors into consideration:

- What is the player's level of physical development (e.g. height, weight, build) when measured against potential playing colleagues?
- Is the player physically equipped to compete on an equal basis with players in the requested age category?
- Will the player's skill level place him/her on an equal basis with eligible players in that age category?
- Is it at a level in which the player can compete safely?

In conducting an assessment for a player to participate in a higher age category, the coach should take the following additional factors into consideration:

- Does the player have a sufficiently high skill level specific in relation to both his/her playing position and to the game's fundamentals (e.g. tackle, pass, ruck, maul, scrum)?
- What is the player's level of experience?
- Is the player reasonably experienced and has he/she gained that experience in a comparable standard of competition?
- What is the standard of competition in the requested age group?
- Does the player undertake a regular strength training program?
- If so, how many times a week does he/she complete strength training and who provided the program?
- What was the nature of the strength program that was completed over the last month?
- For how months/years has the player been doing regular strength training?

In addition to the above considerations, if the player's position is in the front row of the scrum (prop or hooker), then the coach must also consider:

- How many years of front row experience does the player have?
- Was he/she a front row player during the previous season?
- If the player missed a game through injury in the previous season, what was the nature of the injury?
- What coaching qualifications does the player's current coach have?
- Has the player received any specialist front row coaching in the last 2 years?
- If so, what type of coaching was received and who provided it?
- What are the coaching qualifications and experience of the specialist coach?

In conducting an assessment for a player to participate in a lower age category, the coach should take the following additional factor into consideration:

- Does it provide for a possible increased risk of injury to other players?

Once the coach has completed and signed the assessment, it should be explained to the player's parent or legal guardian.